July 2022

"Living Simply"

Simply AVEDA

"Beauty Is,
As Beauty Does"

AVEDA

THE ART AND SCIENCE OF
PURE FLOWER AND PLANT ESSENCES

Join the Slow Beauty Movement!

By Faith Spencer | Wellness Ambassador

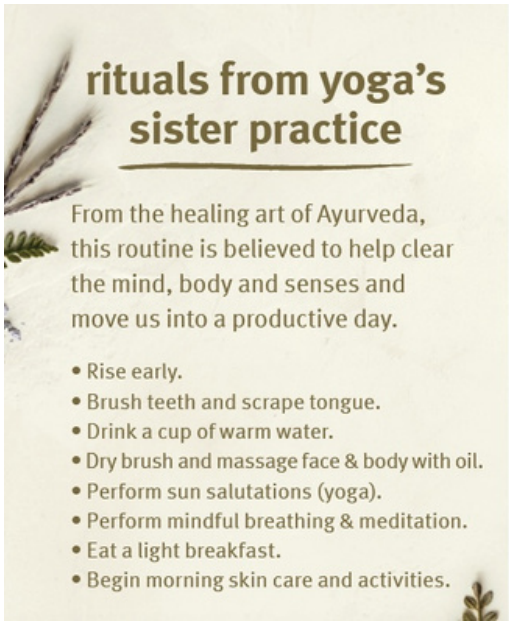
To put it in simple words, Slow beauty is a concept of quality over quantity – for the wellbeing of your skin and the planet. It's about considering the products you're putting on your face and making sure they're good for you and the world around you.

In many ways, "slow beauty" isn't new. At the most basic level, it's a plea for us to return to our human roots where ritual is an integral, sacred part of life. Love of ritual is something we all share yet, in the hustle and bustle of the modern world, many of us have become detached from the joy to be found in these small, everyday practices.

A return to casual ritual is what puts the literal "slow" in slow beauty. Forget quick fixes and instant gratification; slow beauty invites each of us to slow down and to bring the luxury of mindful beauty and skincare practices into our homes and everyday lives with simpler treatments that serve both mind and body.

Have you been considering injections for those wrinkles? Instead, why not try a facial that encourages lymphatic drainage, plumps skin, relaxes muscles and mind, and helps the face to look healthy, radiant, and sculpted? (It feels great, too!)

Best Practices for your "Slow Beauty"



It's Hot Out There! Stay Hydrated!

Host a Wellness Pop-Up Workshop!

Lifestyle and Wellness Workshops!

What is a Pop-Up Wellness Workshop?

Add a little or a lot of wellness to your next ladies' luncheon or group activity. We deliver wellness-related programming with a workshop-like atmosphere and hands-on experiences to make everyone look and feel great!

What's in it for you?
Simply Aveda will provide swag bags with special offers and samples for each guest and include a deluxe hostess gift for the group organizer!

Topics include:
·Age-Less Skincare
·Stress Relief Self-Care
·Chakra Balancing & Aromatherapy
·Ayurvedic body types: alternative lifestyle and wellness solutions

For more information about availability, rates, or how we can customize our program for your next ladies' luncheon, community meeting, or networking event, please email info@simplysalonspa.com

"Pop-Up Wellness Workshops are fun and interactive and make your community programming a breeze!"

SCHEDULE NOW FOR FALL